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# LOOKING AFTER YOUR NEW HAIR

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Hair extensions are a great way to change your look but they do require some maintenance and care. It is crucial that you make the most of your extensions by taking good care of them and using the correct products.

Correct aftercare is just as important as fitting the extensions correctly.

It is advised to not wash your hair for at least 3 days after your extensions have been applied (dry shampoo is our best friend!)

You may feel a little tenderness for the first couple of days, this is nothing to worry about and just your scalp adjusting to the extra weight in your hair.

Micro locks will need to be refitted every 2-3 and tape are 6-8 weeks depending on your hair growth.

I always supply products to use on your extensions within the price, this ensures that i know you are using the right products for the hair.



# WASHING

Your extensions should only be washed between 2-3 times per week.

Before washing it is advised to detangle your extension hair with a wide tooth comb/extension brush and separate the bonds at the roots.

It is essential you only use shampoo and conditioner that is designed for hair extension use.

When washing your hair, do not tip your head over the bath as this could cause tangling - always wash with your head upright - in the shower is ideal. Smooth the shampoo down the extension hair - do not rub vigorously! Only condition from the mid lengths down to the ends of the hair. Do not apply any conditioner to the bonds as this will cause slippage.

You can pick the top section of your own hair up and apply condition to this section. Pat hair gently when washed - do not rub.

# DRYING & BRUSHING

Before detangling use a leave in conditioning/heat protection spray. Follow by detangling with a wide tooth comb, making sure you avoid the bonds. Make sure all bonds are dried completely. Be very careful when brushing the hair when wet, make sure you support the extensions hair by holding the bonds. Be very careful that you do not snag the bonds.

Heated Rollers, Straightening Irons, crimpers and tongs can all be used on the extension hair although it is advisable to use a Heat Protection Spray to protect the both your hair and the extension hair. Serums, gels, hairsprays, etc. may all be used but avoid the bonded areas as this may cause slippage.

Remember your extensions are attached to your own natural hair, pulling too hard or mistreating your extensions can result in your own hair being pulled out. When brushing the extensions always hold the bonds, making sure no additional stress is put on the hair.

# DAY TO DAY AND HOLIDAYS

At night, put your hair in a loose plait or pony with bands at the base and bottom to prevent matting while sleeping.

If you work out regularly or have regular use of a sauna or steam room make sure the bonds are completely dried as soon as possible after your session - leaving the bonds in a constant damp environment could cause them to deteriorate.

It is not advised that you swim when wearing extensions as prolonged water exposure especially with chemicals may weaken the bonds. Chlorine in pools and salt in the sea combined with heat can also cause the extension hair to discolour, deteriorate in condition and matt.

It is not recommended that extension hair coloured and the more you heat style the hair the quicker it will dry out - try to keep this to a minimum.